

**PROFESSIONAL GAME MATCH OFFICIALS LTD CONTINUE TO SUPPORT  
CORNWALL FA**

The fifth in a series of meetings will take place at

VENUE...**Falmouth Town FC**.....

DATE **Sunday 14th February 2010. - 7.30pm**

During the season the Professional Game Match Officials Ltd the organisation that appoints, trains and develops match officials who operate on the Premier League and Football League have joined forces with CORNWALL FA.

Following the highly successful meetings which featured presentations from Keith Hackett (General Manager of the PGMOL), Chris Foy, Steve Bennett, Steve Dunn, Paul Rejer & Ron Groves, together with the members of Select Group Referees who have many years experience officiating in the Premier League and overseas, the Fifth meeting aimed at assisting the recruitment and retention programme for Match Officials kicks off on Sunday 14<sup>th</sup> February 2010 commencing at 7.30pm at Falmouth Town FC.

Head of Sports Science for the PGMOL. **Simon Breivik**, will address the meeting on "Fitness & Sports Science". Simon's responsibilities include fitness testing, writing training programmes, monitoring training heart rate data and carrying out match analysis.

Please reserve your place at the event by contact Ray Brown 01208 269010, 07846 270967 or by email [ray.brown@cornwallfa.com](mailto:ray.brown@cornwallfa.com) by no later than Monday 8<sup>th</sup> February.

After qualifying from University in 2001 with a BSc and MSc in Sports Science, Simon was employed by the Human Performance Centre at Lillleshall National Sports Centre. There he spent four years looking after the fitness of British Gymnastics squads, professional football players and athletes from various other sporting backgrounds. Whilst at Lillleshall, Simon was also responsible for fitness testing PGMOL referees and assistant referees. In 2005, Simon was employed by the PGMOL on a full-time basis. He is now Head of Sports Science at the PGMOL where his responsibilities include fitness testing, writing training programmes, monitoring training heart rate data and carrying out match analysis.